

BRIDGES

WEDNESDAY, OCTOBER 14, 2015

SPACES:

Civic Conservatory an oasis in the heart of Saskatoon **P. 10**

FOOD:

Wild rice and squash complement a turkey soup **P. 12**

ON THE SCENE:

Saskatoon Women's Network hosts 1920s Mobster Ball **P. 20**

A STARPHOENIX COMMUNITY NEWSPAPER

MAPS OF A LIFETIME

JACK MOLLARD'S
70-YEAR-CAREER
IS THE HEIGHT
OF DEDICATION
P. 4



READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

#RYAN THADDEUS

Pure Baseball has something for everyone

Set in 1954 Boston, *Pure Baseball*. The Carl Jensen Legend is the story of an ill but forgotten baseball legend of epicurean who was rumored to have killed one thousand.

The story recounts the mythical chapter's journey leading to the controversial ending to the American League Championship Series of 1954. It is told through the youthful eyes of a grandfather to his young grandson. More than just trying to pass on his story, Jensen is trying to convey some of the most important lessons in life to doing so, an entire era of baseball history comes alive.

I wrote this story as a piece of great change and spiritual clarity in my life. I often choose the path to true life satisfaction lies in using and developing personal gifts/skills, while taking the necessary steps to achieve personal goals and dreams. I have found a



Ryan Thaddeus

peace, happiness and direction as I have never known.

My own understanding of the one universal consensus view as an unorthodox source of all things, including the enigmatic nature of reality itself, has allowed me to take stock and purposefully set the course of my own life. *Pure Baseball* is a testament to that understanding.

It is yet another teaching of the great and several times that govern us all, the more I am taught by spiritual leaders, such as Jesus and the Great Buddha, and philosophers, scientists and thinkers like Aristotle, Einstein and Tesla. And like these great thinkers, science fictionists have taught us to follow our dreams while heartily regardless of the dangers.

By consciously learning to control our thoughts and actions, we might be surprised again to find magic in this world. Carl Jensen is a man master of this ancient philosophy.

The layers of meaning run deep in this an amazing short story. It is for those seeking an idea of hope or enlightened thought. It is for baseball fanatics, casual fans and for those who know nothing of the game. For those who enjoy history, conspiracy theory, critical thought, classic Homerian tales or just a good bedtime story. *Pure Baseball*. The Carl Jensen Legend has something to inspire young and old. There is most certainly a reason it has been referred to as "The Little Baseball Bible."

I was born and raised in rural Saskatchewan and currently travel the globe as a writer

and semi-professional baseball player. In 2013, I started a volunteer program called *Actively Promoting Canadian Literacy*, bringing creative writing and thought to schools.

My book can be purchased at drivetoworks.ca/*PureBaseball* and at select bookstores and gift shops. I can be contacted through email: ryanthaddeus@hotmail.com



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INDEX

ON THE COVER P. 4



Geologist Jack Mobley has written on all seven continents, done excavations before the United Nations and on Mount Everest. He is the only man to have explored all 142 of the world's mountain peaks.

TABLE OF CONTENTS

READ MY BOOK — 2

Ryan Thaddeus's Pure Baseball has something for everyone.

COVER — 4

Jack Mobley's 70-year career took him to the remotest regions of the globe, mapping the land. He had about 20 bronchitis with death, but he always returned to his family and the company he established in downtown Regina.

ELITE — 9

SPACES — 10

The City Conservatory is the former Mendenhall Art Gallery building, located in a garden of greenery all year round in Saskatoon.

FOOD — 12

Warning: what to do with old turkey bones? How about making a soup with wild rice and squash.

EVENTS — 14

OUTSIDE THE LINES — 19

Each week Stephanie McKay creates a timely illustration meant to please children of all ages.

ON THE SCENE — 20

1920s is the theme for a Mobster Ball hosted by the Saskatoon Women's Network.

CROSSWORD AND SUDOKU — 21

GARDENING — 22

Sedum provides colour when everything else in the garden is done.

WINE — 23

There is a fine and a place for a certified Calaveras Cabinet Sauvignon.

SPACES P. 10



The Saskatoon Civic Conservatory at the former Mendenhall Art Gallery is now open to the public. PHOTO BY LIAH REHARBS

BRIDGES COVER PHOTO BY DON HEALY

Bridges published by The StarPhoenix — a division of Postmedia Network Inc. — at 204 Fifth Avenue North, Saskatoon, Sask. S4N 2P1.

Headline: PETERSON/STOCK

For advertising inquiries contact: 637-6340, editorial: 637-6327, home delivery: 637-6320. Hours of operation are Monday to Friday 8:30 a.m. to 4:30 p.m.

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ON THE COVER

I think I know Canada just about
as well as anybody. — Jack Mollard

GEOLOGICAL ENGINEERING

Mollard's career 70 years and counting

By Ashley Martin

Jack Mollard never meant to spin in sub-zero weather.

But he had to during a late October flight over Lac La Martin, the third largest lake in the Northwest Territories. It was either jump in voluntarily or founder in a helicopter.

During Mollard's last flight in the Arctic, about 36 years ago, he and a pilot were flying out of the Mackenzie River Valley, where Mollard, a geological engineer, was mapping out pipeline routes. It was a "1,800 cubic hop in our chopper" from La Horgne to Yellowknife. The lake — 346 kilometres long and half as wide — had several islands covered in muskrat lodgings. Off the shoreline, one of them were two red cans of jet fuel on floats, waiting for them to refuel for the rest of the journey.

But they couldn't find the fuel, and the helicopter was on empty.

"The perspiration starts running off my (nose)," Mollard recalled. "We're out of gas and we're over a big lake and it's cold."

Cautious, careful, they finally spotted the cans. That's when the pilot asked if Mollard could swim.

"Not very damn good!" he replied. "I won't be half as good with all these clothes on. (The pilot) says, 'We've got to choose.'"

Mollard climbed out of the helicopter and the pilot lowered him into the water. Up to his neck, he had to ferry the gas cans onto the shore — searching for a spot where the boulders were four feet or smaller so the floats could land.

The water was "cold as my God," Mollard remembered. "I couldn't tell whether it was better to have a lot of clothes on or fewer clothes on at that time of year."

But life's wild that ends well, and Mollard, 81, is here to tell the tale.

His one of 30 years near-death escapes he learned in seven decades of work.

In northern Canada alone, he



Jack Mollard in his home with his wife Mary Jean, who he met while a PhD student at Cornell University. <https://www.cbc.ca/news/science/1.5611111>

traversed at least 30,000 kilometres in a helicopter excursions during which he was chased by a bald eagle, dropped 1,000 feet by a wind shear

and lit a midnight landing (coming out of the chopper with a flashlight). "I think I know Canada just about as well as anybody," said Mollard,

which he guesses is why he was awarded the Order of Canada in 2000. He helped map three national parks — Pacific Rim on Vancouver

Island, Gros Morne in Newfoundland — and did much of his work in the territories.

I was sort of the first guy doing a lot of interdisciplinary use of air photos, mapping, in resources, soils and geology and engineering and forestry and so on. — Mollard

Jack and his brother George built the crates for the popguns, which were shipped across the Americas and on their way to Portugal.

Every day Jack would make 10 gallons of porridge, mixing in chopped cabbage and beans, to feed an average of 30 dogs. He'd throw a patchback to throw meat into the air.

"This year has again begun the largest St. Bernard kennel in North America, was the year Mollard married again in Barcelona. In 1935, Nellie left her 16-year-old daughter Claire needed supervision at the weekend houses, so 12-year-old Jack got to tag along as his mother's chaperone.

Claire drove the car, and when they got to that new 17-year-old Maritima beach restaurant, they'd both eat a rug. "I go out there now and they're still in their 70s, pulling."

When Mollard headed to the University of Saskatchewan for civil engineering, his future field of air photo interpretation didn't even exist.

He completed his bachelor's degree with the second lowest GPA, saying so, though many fellow students joked up and didn't see graduation, including his roommate, who died on his first flight over.

"I knew civil [military] needed engineers that were at a level that were beyond people that go out and shoot," said Mollard. In his first year, his class was told, "We need you as an flier to go in, because you're building up data and you're building knowledge and we want you to have enough background to do that."

"Of course, there was a lot of talk, if you went down for a beer and they were in the army or air force, they'd say 'Why are you so uncertain? You should be in the air force.'"

Mollard lost many high school friends during the war.

"That was the hardest thing of my life, the very hardest, because you see your friends being killed."

He enlisted when he graduated, but the war was over before he saw action.

Mollard headed to Indiana's Purdue University in 1941. He was his mother's in-engineering.



Left: Jack Mollard, former professor at the University of Saskatchewan, and George Mollard, former professor at the University of Saskatchewan, in 1941. Mollard and George Mollard, in 1941. Mollard and George Mollard, in 1941. Mollard and George Mollard, in 1941.

As "a lot of a rock band" as a kid, when he got there, he was intrigued by the serial imaging work of pioneering professor Donald Belcher.

Mollard was the third student to study air photo interpretation under Belcher, who had "red hair and a hell of a temper."

"I knew it was new and I knew I was looking in sight at the start,"

said Mollard. "That twisted my tail, the fact that I was doing something new."

This new field of aerial photography and photo interpretation helped plan, map-making projects like pipelines and dams, rivers, cities and national parks. The air photo served as a map.

His first project at Purdue was locating landing strips for air-

ports in Alaska.

After completing his master's in 1945, Mollard returned to Saskatchewan to work for the PWRA. He joined his old professor, by then at Cornell, in 1950 when Belcher needed help looking for diamonds in South Africa and gold in Colorado.

In 1955, Mollard completed his PhD in engineering with a thesis in geology.

he started his company four years later, making the PWR in the air.

"I was sort of the first guy doing a lot of interdisciplinary use of air photos, mapping, in resources, soils and geology and engineering and forestry and so on," said Mollard.

When he'd said, "I'm a student," he'd said, "I'm a student." Mollard, he'd put on a French accent. Announcing himself as Jacques Mollard. "They'd say 'You what? You ain't speak French!'" he said laughing.

Mollard found mapping with aerial images to be a doctor using X-rays to diagnose a patient.

"It's not a whole bunch of things in your body, but it's not looking at them directly. It's remote sensing. And when I look at the photographs, I look at them in 3D and so even small amounts and big amounts of earth stand out."

Formerly, the same aerial image like an X-ray, not having air photos to do his work.

"How would you diagnose a broken leg without an X-ray? It's really really critical and — we really take it for granted now how easy it is, while it is a sort to see an image of the Earth," said Mollard.

"There's just so much information that you can get so readily from an aerial photograph that if you didn't have that air photo, you would be at a great deficit."

When Patrick Mollard was an ion detector, he told the teacher his dad is a teacher, said Jack Mollard. "I was always looking for something in air photos, whether it be ground or groundwater or diamonds or roots or even for dams, for hydro."

Much of his work concerned the two Os — gravel and groundwater. "Out on the ground, you're just like a former wandering around," said Mollard. Aerial images provided "clues" to more quickly locate resources — the topography can help predict what's underneath the surface.

Viewing photos through a stereoscope. "I'm looking at the earth in three dimensions and — the relief jumps out, you bend what you'd see drawing a car or flying an airplane. The detail you get is much greater," said Mollard.

His field site's the Canadian Arctic, mine's Mars about 140 million miles away, but you're doing the same things — Jim Rice

His expertise came in handy when Jim Rice came online in 1980 for his big mission: new geotectonic terrain and looking for water on Mars.

Rice, now the geology team leader for the Mars Rover project, was doing his PhD at Arizona State University when he became senior one of McLeod's books. He decided he had nothing to lose, he sent the "expert" an old-fashioned letter along with some maps and orbital photos too of the red planet.

"I didn't know if I was going to hear back from him or not. He might think I was a nut," said Rice.

His worries were for naught. "He started writing me up. And that was cool," Rice said with a laugh.

"I worked at Mars really at the outset, he came I had 30 or 40 years of experience in mapping the Earth from the air" at that point, said McLeod.

"He had decades of experience working in the Arctic, being up there doing the field work on the ground but also looking at aerial photographs and mapping," said Rice. "It's



Jim McLeod's interest in the Arctic of the first book Rice's and is a model for the first book. PHOTO BY GUY HENRY

the same kind of stuff, it's just a different field site. The field site is the Canadian Arctic, mine's Mars about 140 million miles away.

but you're doing the same things."

Mapping Mars was interesting work for a man whose uncle Douglas McLeod was head of philosophy and theology at York. In his youth, McLeod's mind "boggled" questioning the origin of the universe.

Rice said words McLeod passed of Mars. "He's still sharp and still got that curiosity" and Rice.

When Penner started with the company in 2008, McLeod was 60. Most people at that age would be preparing to retire, but Penner guessed and took the potentially short-term job to learn from McLeod while he could.

"Here I am nearly 30 years later and Jack's still coming into the office at 81," said Penner.

McLeod has had cancer for 15 years — first in his prostate, now in his lungs — but even during treatment and "times out of 10" has never missed a day at work.

"I'm still going strong," said McLeod, whose eyes remain sharp even when other things aren't.

"He has a very lucky guy."

McLeod doesn't hesitate in considering his most significant career move. There's no question. It was the decision to pursue his PhD at Cornell University because he met his wife there.

"That's the most important thing in my life."

Mary Jean Lynn was doing her master's in clothing and textiles. They met at a "do" for graduate students, where she was mending the punch board "looking around for good looking fellows. I thought I'd do," McLeod said laughing.

He told her he was from north of Montreal. "I'm a cowboy from Western Canada. Saw-KAT chow-man," Mary Jean remembered.

She told him she was from West Virginia, and he said he "almost lost her" with his pick-up line.

"Did you get those black eyes from working in the coal mines?" he recalled. "Well, that wasn't the thing to say on a first meeting."

"I rolled my eyes," she said.

Continued on Page 8

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IT'S TIME.

To the Citizens of Saskatchewan University:

I value your vote and your trust, so I want to be clear about who I am, what I represent and why I want to be your Member of Parliament.

I've always tried to be fair, balanced and accountable in everything I do, as a journalist, an entrepreneur, a volunteer, and a parent. I couldn't stand by any longer while the Harper Conservatives hijack our democracy, erode our reputation on the world stage, and ignore evidence and science in favour of ideology.

Bred Trott's record shows that it is time for a change. Now is the time for strong, effective, balanced voice in Ottawa.

I chose to run for the Liberal Party of Canada because it's fair and balanced. I care about Saskatchewan's economy and getting our important resources to market. I also care about our kids' future on this planet. We can ensure both are safe, secure and prosperous.

I would be a strong, balanced and reasonable voice in Ottawa.

On October 19th, I ask for your support

Cynthia Block

He came home and he told stories and I thought, 'Now if you fly in any more helicopters, you'll be dead, you won't come home!' — Mary Jean Mollard

He told her he was at Currier's "buying gold and diamonds from the air," so "at Christmas time she'd always say, 'Where the hell are those diamonds and gold?'"

One year he delivered — sort of. Chipped crystals in a gold ring he'd lost, she finally got her gold and "kisses."

As a thank you, "she probably had me in the belly but I can't remember," he said laughing.

Actually, "I chuckled," said Mary Jean. "Jack and I, we laugh a lot to gether."

They married in September 1950. After a honeymoon road trip across the United States and Mexico, they had a rude welcome to Regina on a flight "primary night" in a rented "sheek" on the outskirts of town — Albert Street and 25th Avenue — their copper of painted brass had frozen in the truck at -38 C.

When the brass left the car in one

piece, "She started to cry and she said, 'What kind of a place here I came to?'" he said.

"Jack said, 'There's something else in the air. I don't think it's brass,'" Mary Jean said. "It wasn't brass because it was gold."

In the early years of their marriage, Mollard travelled several times to Yukon, where he helped survey the entire country as part of the Canadian Columbia plan.

During month-long absences, "I coped," said Mary Jean. She kept busy at work, teaching home economics at Strathcona School and had lots of friends and neighbors.

In 1958 when he launched his business, Mary Jean was his secretary.

Their first child, Catherine, came along in 1967, and Jacqueline (Jackie) and Patrick followed.

She held down the fort as a stay at home mom, and she'd worry about Jack when his was away.



Jack Mollard took over maps in February 1950. (Mollard map had moved by June 1954/2009)

"He came home and he told stories and I thought, 'Now if you fly in more helicopters, you'll be dead, you won't come home,'" she said. "It was scary."

Mary Jean realized that if she would have someone where I'd never come back... but she never said, "No, I'm

going to stay you from going," I said Jack.

In spite of a few close calls, he always made it back.

Mollard and his 86-year-old wife go out a lot — to the Spanghale, to the Globe Theatre, to southern restaurants. They attend church almost every Sunday at St. Paul's Anglican, a recent switch after 60 years at Luke's in London, a church of Jack's denomination.

To Mary Jean's delight, Jack goes to Saskatchewan Roughriders games without her, she'd rather watch at home than trek to the stadium.

They have conversations about the news, about their health, about their kids and their grandchildren.

"Jack's been easy to live with and we know each other and that makes it nice," said Mary Jean. "His is very easy, very honest... I'm always glad that he asked me to marry him."

We tell each other we think a lot of

the other," Jack said. "We don't and we have similar friends and we enjoy life."

For Jack, part of enjoying life means continuing to work.

"We're still looking at our photos, he's still reading papers and books," said Pruner. "He says it himself, he's not one to sit at home and read or watch TV or golf or whatever. This is what he enjoys."

"I really like having him in the air and for people stuff get to be in touch with him... (I realize I have a more positive role model for anybody to look at and try to follow.)"

"In any kind of business, you meet people who are competent somewhere but it's really nice to meet somebody who's just a good person and a good secretist and just a genuine good human being," said Rose. "Jack's definitely one of those."

www.jackmollard.com
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- Robert Christie
Artistic Director



*ASK ELLIE

Boyfriend's 'soulmate' would have been unbearable

Q: My fiancé has a female best friend who also has his sort of crush and has been his partner.

They meet weekly for several hours and have a relationship that we don't, but without sex.

He's told her everything and they think their souls are aligned because they're often thinking similar things. I occasionally read about a dream he had about her... that she was his partner and suddenly she became me.

They're meeting a business and she's helping him, has a meeting hourly to do. She always agrees with what he says and also makes him cry, randomly here and there. I feel like the blueprints.

I feel very jealous and disappointed that I don't have this close relationship with him. Also, while he is so intimately attached to her, I haven't a chance to get really close.

I told him that eventually he has to make a choice.

He just changed me.

Devastated

A: You said he both could see where this was going and he apparently did

nothing to ensure you or comfort in a change in his feelings.

Julia says your energy and your self-confidence. It's better to be linked with him, than to continue accepting their dissonance and her competition with you.

"To plan a marriage with someone so involved with a different 'soulmate' would be a terrible mistake."

Consider him damaged, because your good sense should be telling you that it's far healthier emotionally for you to move on.

Q: I'm a Grade 11 student (age 15-16) and am very shy, and weak. I'm confident about feeling before everybody else because I'm not very strong and would be beaten easily by anyone my age—I weigh less than 70 pounds.

There's a very strong boy going strong—he's maybe about 180 pounds, but he's not tall. He likes to wrestle, do some bad and usually gets on me.

He enjoys beating me for my physical weakness almost any time he can. If we're in a situation where one of the girls is

Ask Ellie

meets, he'll tell me to defend and then force me to the ground or outside the struggle.

Now, when everyone else has gone off the school bus, he'll lead me to the back and push me against the wall or a tree.

I guess that the other boys sometimes find pleasure in seeing me suffer. The girls usually demand this situation, saying things like "you should be nice," or "survival of the fittest."

The bullseye is most likely the result of it to get a girl's attention. She probably likes me because I'm a "poor little shy boy" but she's always been very kind to me.

None of the adults are much help either. It's not easy for me to speak out about this, with my clear strength dis-

advantage. How should I inform my teacher of my discomfort without blowing it up into a huge mess?

The Working

A: You're actually mentally strong enough to have tried to deal with this on your own. It's a little uncomfortable but I predict you'll survive this badly in many ways in the not far-off future.

But for now, you must seek support. There must be some reference for bullying in school and society.

However, protection among young people can be less due to fear for themselves and immaturity.

Talk to your parents and have them—or another trusted adult—go with you to your school principal. Bring a list of incidents that have happened with this tormentor. If nothing's done, contact the school board chairperson.

Staying silent can I protecting you or others.

Speak up.

Q: I'm a mom of a never married, caring for my mother, 41, in a one-bedroom apartment for 10 years.

I work a menial, intense job. Don't cook, shop, do laundry, while she only watches TV and complains.

I want my freedom.

A new living 120 miles away would be her but my mom says she'll die there.

My sister never care for her due to their past and no relationship.

When I'm suggested Mom live with her grandmother after I'm released, I'm

My chronic depression became crippling.

Should I just leave and never speak to my family again?

Desperate

Advise your doctor immediately to treat your depression, and a therapist to help making decisions you can handle.

Contact community caregiver service for the elderly (first or last) to ensure your mother's protection, and assist you need relief.

Consider that the time you can provide a periodic week or month's break for you. Mom won't die there. She'll just complain.

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SPACES

Spaces celebrates beauty both indoors and out. If you have a living space we should highlight email bridges@thestarphoenix.com

CIVIC CONSERVATORY

An oasis of green any time of year

By Sean Trembath

WHO? Sheree Leach, superintendent, greenhouse and conservatory program, City of Scottsdale

WHAT? The Scottsdale Civic Conservatory

WHERE? Located in the former Mendenhall Art Gallery building, the conservatory offers a rotating variety of flora for Scottsdale residents and visitors.

"I think it's a very unique and great spot," said Leach, whose work has included the conservatory for more than 20 years. The entrance to the space is tucked to the side of the Mendenhall building's ornate, historic facade. Visitors navigate a rectangular pathway surrounded by greenery.

Open from 9 a.m. to 5 p.m. daily, the area is suitable for anything from a quick browse to an extended serene sit-down.

WHEN? Founded in 1964, the conservatory offers year-round access to lush greenery.

Being a winter city, it allows people a beautiful outdoor green space during our brown and grey months, Leach says.

The plants on offer rotate with the months. September's choices are succulents and begonias give way to October's chrysanthemums. The choices are partially thematic and partially based on what flowers are able to thrive at different points in the calendar.

With limited daylight in the winter, we've found some crops that do very well," Leach says.

WHY? Leach says people come to the conservatory for all sorts of activities. Aside from the visual appeal of the space's long history in the city places it within some locals' traditions.

"I've seen three generations of a family come in and have a go at hitting the center ring of the fountain," she says.

That particular family makes the trip often as a group. "It's really embedded in some citizens' lives," Leach says. "People grow up at a conservatory right in the space. Program leaders are able to use the breadth of plants on offer as teaching tools."

"I think the staff does an excellent job of choosing material that's educational," Leach says.

People have used the conservatory to propose marriage and do memorial services. Benches have been dedicated to loved ones who felt a connection to the space.

Many of the plants would never naturally grow in Scottsdale, either. Offering the wide variety they do has teaching benefits but can also tempt people. Leach recounts seeing recent immigrants finding a place of home in the space.

"I've seen people come in and identify a plant that's native to their country and go on to grow it," she says.

Even though the Mendenhall has closed in advance of the opening of the new Roma Modern Art Gallery of Scottsdale, the garden isn't going anywhere.

"The conservatory will continue to be a place for Scottsdale residents and visitors," Leach says.



SPACES




CAPTURE SASKATOON!

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By donating to purchase a new Vein Viewer for Saskatoon City Hospital, the MacKenzies have ensured patient comfort.




The donation was made through Saskatoon City Hospital Foundation's Equip for Excellence campaign. Equip for Excellence is a multi-million dollar campaign to enhance health care at Saskatoon City Hospital through the purchase of new equipment, technology and resources.

Saskatoon City Hospital Foundation is a registered charity. For more information or to make a donation, visit saskatooncityhospitalfoundation.com.

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Equip for Excellence is a registered charity. For more information or to make a donation, visit saskatooncityhospitalfoundation.com.

City of Saskatoon **GROWTH** Partners in Progress

Saskatoon is changing — be in the know as we grow!

Join us for the planning round of public engagement for the Growth Plan by Fall 2016. We are pleased to have such a vibrant and engaged community.

- a new transit system with the Rapid Transit (RT),
- a new downtown major roads and
- a new river boulevard on 20th Street, combined with additional bus lanes at the University Bridge.

Don't miss out!

Growth Plan | Online Survey
October 14 to November 9, 2015
Access the best online plan and provide feedback online at www.growthplan.ca

Growth Plan | Open and By Public Events
Wednesday, October 22, 2015
Saskatoon United Church
900 22nd Street W
4:30 to 6:30 p.m.

Thursday, October 22, 2015
Saskatoon United Church
2000 College Drive
4:30 to 6:30 p.m.
Open house with refreshments and a presentation.

For more information or to make a donation, visit www.growthplan.ca

FOOD

TURKEY SOUP

Wild rice, squash complement soup

By Renee Kahlman

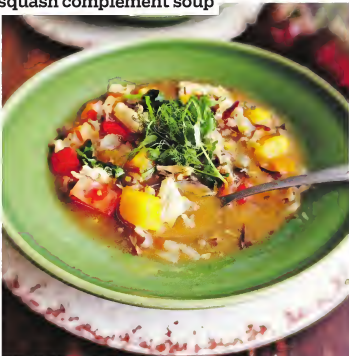
If you enjoyed turkey at your Thanksgiving dinner, then no doubt you'll have a lot of turkey bones bubbling away on your stove at some point this week. My mom boiled the first turkey this year, and she did something extraordinary: She created a lattice of bones on top of the 20-pound bird. I repeat: Turkey created in heaven.

It was a glorious sight to behold. I was so excited I forgot to take a photo, and that's saying something! The bones sat on the meat, and oh my, the gravy. So good. So, if you want to switch things up this year for the holidays, you can't go wrong with shattering turkey to bones.

My mom gave me a bag of turkey bones to take home — talk about a goodie bag — and the next day I brought out my giant soup pot, tossed the bones in, covered them with water, chunks of onion, celery and carrots and let it all simmer the day away. Given my thalidomide taste, I habitually use my vegetable scraps: from whatever meat prep I'm doing and put back them scraps in a freezer bag as I go along. That way when it comes time to bud up some bones, I already have my veggie scraps to chop up: fresh onions, celery, carrot, etc. Also fresh parsnips, garlic, peppercorns and a pinch of whole cloves are necessary additions for stock.

Let it simmer long and slow with bubbles just breaking the surface. You'll get a nice flower that just boiling the heck out of it for one hour. Sometimes, most good things in life take a good, long while.

This is a great soup recipe to have in your back pocket when you have a bag of turkey bones in your fridge. Of course, you can make it with bone-in chicken broth, but the flavor won't quite be the same. I thoroughly enjoyed the chew of wild rice in this soup. I cooked it separately, then just stirred it in at the end before serving.



Turkey Soup with Wild Rice and Squash is a great recipe to have on hand. PHOTO BY RENEE KAHLMAN

FOOD

Pan-fried wild rice is actually an aquatic grass, and not rice at all. Also, northern Saskatchewan produces the majority of Canada's wild rice — with close to 400 independent wild rice growers having crops in lakes and river systems. The plant was first introduced here in the 1850s with the intention of growing wild rice for the medieval population which would in turn benefit the trapping industry. Today it's a favourite ingredient among those of us who love to cook.

It's squash-palooza out there in the markets, and buttered is my favourite, though you will do us the recipe. Since the proverbial pumpkin is in the Saskatchewan theme, I've Market grows amazing varieties of parsnips and squash — a dandelion wedge can be had for just a few dollars.

Fresh tomatoes and handfuls of parsley and arugula make this soup

colourful and delicious. Don't forget that squeeze of fresh lemon — it helps increase the colour content of the broth. And we all know how good calcium is for us, right? Gotta keep those bones strong; they carry us to and fro, taking us on adventures that will hopefully last a good, long while.

Turkey Soup with Wild Rice and Squash

- > 5 cups wild rice, rinsed
- > 2 cups onion, diced
- > 1 large onion, sliced
- > 1 1/2 cups bell pepper, sliced
- > 1 cup carrots, sliced
- > 1 clove garlic, minced
- > 2 tsp each dried rosemary and sage
- > 1 cup turkey stock (or chicken stock or veggie stock)
- > 2 cups fresh tomatoes, chopped

- > 2 cups arugula or spinach
- > 1 cup chopped parsley
- > 1/2 cup of 1 lemon
- > 1 tsp maple syrup
- > salt and pepper
- > pea shoots for garnish

Instructions

In a saucepan, bring the wild rice and 4 cups of water to boil. Reduce heat, cover and simmer over low heat for about 45 minutes or until rice is tender. Drain and set aside.

In a large soup pot, heat the olive oil over medium-high heat. Stir in the onion, squash and carrots. Cook for about 5 minutes or until onion is translucent. Stir in garlic and herbs, cook a few minutes longer. Pour in the stock, cover and bring to a boil. Reduce heat and simmer until the vegetables are tender about 30 minutes. Stir in the turkey stock, onion, peas, greens, parsley, lemon juice, maple syrup, cooked wild rice and



Fresh tomatoes and handfuls of parsley and arugula make this soup colourful and delicious. PHOTO BY TRISH KOWALAN

season with salt and pepper. Cook about 10 minutes longer over the lowest heat. Adjust seasonings.

Ladle into soup bowls and garnish with pea shoots or more arugula. Serve &

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The StarPhoenix

A United Way Dinner Date
11 • 18 • 2015

It's About Time

Celebrating the fiftieth anniversary of Ken Howland & Murray Clark

With the busyness of our everyday lives we often forget to reflect on how precious our time really is. You're invited to this celebratory evening recognizing phenomenal leadership in our community.

Proceeds from this event will help make our community a better place for everyone.

Change your Reception at 2:30 pm, Dinner and Program at 7:00 pm at 11111 Plaza.

Visit unitedwaydinner.com for Tickets and Information

United Way
 Saskatoon & Area

also featured on page 17 The StarPhoenix

EVENTS

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

MUSIC

Wed., Oct. 14

Jason Adams w/ Cole Stroudell,
Tyler Parr and Dee Jay Silver
Saski Tel Centre,
3015 Thatcher Ave.

Candy from Strangers
Buds on Broadway,
817 Broadway Ave.

Drish 2 Dublin w/ The Steadies
Loudr Pub,
63 Campus Dr.

Black MacOff w/ Black Thunder
Vanzetti Tavern,
804 Broadway Ave.

Marty Greeno
Pizzys Pub and Grill,
1603 Highland Dr. N.

Thurs., Oct. 15

Whiskey on a Sunday
Cricket Restaurant & Lounge
1-237 Phoenix Ave.

Undercover Pines
Buds on Broadway,
817 Broadway Ave.

Deaf Series: The Steel Wheels
The Basement,
304 Fourth Ave. N.

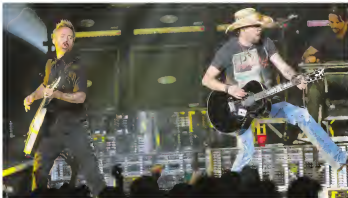
Unleash the Archers, Chinese
Shedows and Washed
Vanzetti Tavern,
804 Broadway Ave.

Carvelas w/ Black Tongue, Lorne
Shore, Last Ten Seconds of Life and
Within the Rules
Loudr Pub,
63 Campus Dr.

No Sinner w/ The Summer Brothers
Capital Music Club,
364 First Ave. N.

Fri., Oct. 16

Shawn Vance and Jack Sample
Band
Buds on Broadway,
817 Broadway Ave.



Jason Adams performs Wednesday at Saski Tel Centre. Cole Stroudell, Tyler Parr and Dee Jay Silver are also on the bill. Photo by Chris Rocco

Phish Friday: David Simpson and
Anne Kerry
Deaf Series: The Glee Lynch
Band
The Basement,
304 Fourth Ave. N.

Lady Winder
Army & Navy Club,
205 First Ave. N.

The Rhythmaires
Fairfield Senior Citizens' Centre
103 Fairmont Ct.

The Nukies
McNelly Robinson,
2030 Eighth St. E.

Last Legals
Town Tavern Tavern,
3330 Fairlight Dr.

R.A. the Ragged Man w/ D-Hay-
wood, T-Heywood, P-B the Boulder
and K-Haywood
Vanzetti Tavern,

801 Broadway Ave.

Deaf Series w/ Red Red
Loudr Pub,
63 Campus Dr.

Ben Orphan & The Casual Sock-
ers w/ Twin Sander and Quince
Tones
Amigos Cantina,
808 Guffrin Ave.

Paul Waide
Capital Music Club,
364 First Ave. N.

CMAS Showcase Weekend
Pizzys Pub and Grill,
1603 Highland Dr. N.

Sat., Oct. 17

Shawn Vance and Jack Sample
Band
Buds on Broadway,
817 Broadway Ave.

Deaf Series: Dan Griffith and Chuck
of Punk
The Basement,
304 Fourth Ave. N.

Lady Winder
Army & Navy Club,
205 First Ave. N.

Amigos Rhythmaires
Gentlemen Legion,
606 Gordini Cres. W.

Major Mills
McNelly Robinson,
2030 Eighth St. E.

SASO Compilation Release: Fancy
Diamonds, The Northern Light,
Main Meat and Sorely & The Psy-
chic
Amigos Cantina,
808 Guffrin Ave.

George Canyon
C/O Brian First Cantina,
241 Second Ave. S.

Deaf Series: Jesse w/ Jon Lane and
Anne Haverstick
Capital Music Club,
364 First Ave. N.

CMAS Showcase Weekend
Pizzys Pub and Grill,
1603 Highland Dr. N.

Sun., Oct. 18

Amigos Live
Buds on Broadway,
817 Broadway Ave.

Phish Series: Mike Mills
The Basement,
304 Fourth Ave. N.

Mon., Oct. 19

The Bros Landreth w/ Donovan
Woods
Broadway Tavern,
715 Broadway Ave.

EVENTS

What you need to know to plan your week.
Send events to bridges@theatraphoenix.com

Whiteley Glen
Eds on Broadway,
817 Broadway Ave

Tues., Oct. 23

Horsley Workmen w/ Fiona
Fiona
Broadway Theatre,
713 Broadway Ave

Sam Weber
Eds on Broadway,
817 Broadway Ave

ART

The Go Beyond Placement
10:15 Oct. 15 at 228 Third Ave. S. Land
and Sea by Terry Heelan

SOYAP Art Gallery
Unit Oct. 16 at 252 Third Ave. S.
works by Joseph Anderson

Together in Art
Oct. 16, 3 p.m. to 7 p.m. and Oct. 17,
10 a.m. to 4 p.m. at Grosvenor Park
United Church, 427 Cumberland Ave. S.
A show and sale by the Grosvenor
Artists of Saskatoon. Originals and
prints.

**Different Strokes 18th Annual
Show and Sale**
Oct. 16, 4 p.m. to 9 p.m. Oct. 17, 10
a.m. to 5 p.m. Oct. 18, 12 p.m. to 4
p.m. at Grace-Watkinson United
Church, works by artists in the
Different Strokes artist group. Admission
is free.

Eye Gallery
Unit Oct. 17 at 117-1123 College
Dr. Eyes: Saskatoon's newest Photography
Association's works. Artists include
Michelle Brownridge, Patrick Bula,
Karl Jensen, Marique Martin,
Caitlin Mullen, Annika MacKenzie,
Michael Peterson, Robert Truszkowski.

Artway Gallery
Unit Oct. 17 at 113 Broadway Ave.
Contemporary Jewellery by Melody
Armstrong.

Peved Arts
Unit Oct. 17 at 426 20th St. W.
Calendar Girls, a video installation



The Shes Larshap (postcard) at the Broadway Theatre. Photo by Michelle Bula.

by Lisa Bula Twelve Calendar Girls,
exemplifying different character
types, enter landscapes representing
the months of the year

Garden Sculpture Gallery
Unit Oct. 23 at 191 Murray Building
at the U of S. The One by Xiao Han
Reception Oct. 23, 7 p.m. to 10 p.m.

Winston Arts Centre
Unit Oct. 24 at 750 Railway Ave.,
Northam. Samuel Sakelchew, a
group exhibition that presents
an alternative vision of life on the
prairies. An OACAC taking an exhibit
Works by Monique Bula, Tina
Jensen, Vlade Menevici, Sharon
Sneddy-Stefano, Jean E. Sommer
and Lucina Storrier.

Bigger Museum & Create Union
Unit Oct. 30 at 165 Third Ave. W.
In Bigger: The Hidden Pictures and
Partials: Co-created works in fabric
and print by mother-in-law and
daughter-in-law duo.

St. Thomas More Gallery
Unit Oct. 30 at 1437 College Dr. An
Exhibition of the 10th First Library
Collection at St. Thomas More. Based
on the 10th work and writing of Anne
Hill.

J & B Picture Frame Warehouse
Unit Oct. 31 at 121 Annapole Ave. All
the End of the Day, posters by Gloria
Parker

Market Mall Playland Art Gallery
Unit Oct. 31 at Market Mall, 2325
Preston Ave. Playing with Picasso
Prints, prints and prints from the
Picasso banner project. In partnership
with the Samuel Modern Art Gallery
of Saskatoon

Art in the Centre
Through October at Penbridge
Centre, 210 Grosvenor Circle. Works by Art
to Inspire, a local artist group.

**The Gallery at Princess Margaret
Central Library**
Unit Nov. 5 at 211 23rd St. E. San-
ford, urban photography by Ron
Cookley.

Gallery on the Bridges
Unit Nov. 30 at Saskatoon City
Hospital, 1000 Waterlooside by Patricia L.
Clarke.

Western Development Museum
Unit Dec. 6 at 2610 Lorne Ave.
Canada Day, in the Canadian
Museum of Immigration at PE 21.
Explore immigrant diverse personal

Day 1 Expo series, from Canadian
to present day

Ukrainian Museum of Canada
Unit Jan. 26 at 910 Spadina Circle. It
Down Home, a journey through rural
Ukrainian life, by photographer Wil-
helm Delany
IF FAMILY

Shop n' Strail
Wednesdays, 9:30 a.m. to 10:30 a.m.,
meet in front of Customer Service at
Luvonn Heights Mall. Classes consist
of power-walking, body-sculpting
moves using exercise tubing and a
socializing for parents and babies.
Preceptor at nancy.nandbook@rogers.com. No classes on start
holidays.

Stems and Strollers
Wednesdays, 1 p.m. to 2 p.m. Circle
cinemas in The Groves. Choice of two
movies a each week. A baby-friendly
environment with leveled walk-
ways, dimmed lighting, a changing
table and stroller parking in select
theatres.

Parkette Artistic Mail Art Classes
Mail classes for kids of all ages. Learn
to Heart Art, Family Expression, Jour-
neys in Art and Home is
Where the Art is. Information at
parketteartistic@gmail.com or on
Facebook.

C'n's Club and Play
Daily, 10 a.m. to 11 p.m., 10 a.m. to
4 p.m. 10 a.m. to 11 p.m. In a Win-
nipeg, Saskatoon's newest indoor
playground. For children to age 13
Visit saskatoonplay.com or their
Facebook page.

FunFactory Indoor Playground
Daily at 16300 Quaker Ave. A giant
indoor playground for young children.
Adults and children under one year are
free. There is a separate fenced-in area
for children under two.

Children's Play Centre
Daily at Luvonn Heights Mall. A fun,
safe environment for preschool chil-
dren to play. Children must wear socks
in the play area. Please note this is an
unsupervised play area, and children
must play with and under the supervision
of all times.

Market Mall Children's Play Centre
Only just off the food court at Market
Mall. This play area is free and has dif-
ferent level slides. Children must wear
socks in the play area.

Parent and Toddler Yoga
Thursdays, 9:30 a.m. to 10:15 a.m.,
and on Saturdays, 10:00 a.m. to 10:15
a.m. at Yoga Life, 2-15 Third Ave. S.
Classes taught by Nina Zaitz. For
parents and their toddlers ages one
to five. Introduces your toddler to the
world of yoga. Classes include pos-
tures, poses, meditation, movement,
play and song. Classes are six weeks.
Register at freedomfromworrying@gmail.com, 306-361-8822.

Breastfeeding Cafe
Thursdays, 10 a.m. to 11:30 a.m., at
Westwinds Primary Health Centre,
3371 Fairlight Dr. A drop-in support
group for breastfeeding women. Ses-
sions will be facilitated by a lactation
consultant with infant formula
presentation, and time for interaction
with the other mothers.

Kid Yoga Classes
April 16, 10 a.m. to 11:30 a.m., 11:30
a.m. to 12:15 p.m. Homesteaders ages
five to 12 on Mondays, 10:15 a.m. to
11 a.m., at Yoga Life, 2-15 Third Ave. S.
Classes taught by Nina Zaitz. Help
kids regulate emotions, find focus
attention, self-awareness and inner
fulfillment. Physically helps with bal-
ance, strength, flexibility, coordination
and body awareness. Classes are six
weeks. Register at freedomfromworrying@gmail.com.

Leaf Art
Oct. 17-18 and 24-25, 7 p.m. to 9 p.m.,
at the Westwinds Village Centre, 402
Third Ave. S. A weekend drop-in art
for all ages. Make your own creative
leaf art. Information at 306-645-
8822.

**Prenatal Personal Workshop Yoga
for Childbirth**
Saturdays, 1 p.m. to 4 p.m., at Birth
Rhythms, 245 Third Ave. S. instructed
by Nina Zaitz. Learn various tools and
techniques to help you through labor
and delivery. No previous yoga experi-
ence is required. Classes are six weeks
long. Register at freedomfromworrying@gmail.com, 306-361-8822.

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The StarPhoenix

EVENTS

Preschool Partner Workshops: Yoga for Children

Saturday, 1 p.m. to 4 p.m., at Birth Rhythms, 248 Third Ave. S. Instructed by Nina Zetti. Learn various tools and techniques to help you through labour and delivery. No previous yoga experience is required. Classes are six weeks. Register at freedomfromworry@protonmail.com, 306-361-6662.

Moms and Baby Yoga

Mondays, 11 a.m. to 12:30 p.m., at Yoga City, 2-85 Third Ave. S. Classes taught by Yelina Zetti. For mothers with babies as young as 16 weeks. Tone and strengthen your body, learn relaxation and meditation tools and explore breath-work. Classes are six weeks. Register at freedomfromworry@protonmail.com.

Postnatal Yoga

Mondays, 10 p.m. to 1 p.m., at Pregnancy and Parenting Health Centre, 248 Third Ave. S. Register to Intermediate yoga designed to help with postpartum recovery. Baby friendly class with a certified yoga teacher. Suitable for four weeks to two years postpartum. Register at inquiries@new.compassionenergy.ca. No class on stat holidays.

Canadian Light Source (CLS) Public Tours

Mondays, 1:30 p.m., at the Canadian Light Source, 44 Innovation Blvd. The synchrotron research facility is open for the public. Participation is required. Call 306-657-3644. email: outreach@lightsources.ca or visit lightsources.ca/education/public_tours.php.

Prenatal Yoga

Mondays, 6 p.m. to 7 p.m., at Pregnancy and Parenting Health Centre, 248 Third Ave. S. Taught by a doula and certified yoga teacher. Informative and safe for anyone in pregnancy. Call 306-251-0443 or email monroies@yji@gmail.com. No class on stat holidays.

Naturally Yours

Oct. 19, 7 p.m. to 9 p.m., at Birth Rhythms House, 626 Saskatchewan Cres. E. A comprehensive childbirth education series to prepare you for the birth of your child. Information at birthrhythms.ca.

Sky and Play

Tuesdays and Wednesdays, 9/15 a.m. to 11/15 a.m., September through April. For children up to age five. Items distributed, art projects, story time, toys, activities. Email staydelicious@gmail.com or visit the Facebook page.

Preschool Story Time

Tuesdays, 10:30 a.m. to 11 a.m., at McKelvie Rob-

inson, 3330-81st St. S. For children ages three to five in the Circle of Friends. Call 306-955-1477.

Baby & Toddler Sign Language and Sensory Based Learning Classes

Eight weeks starting Oct. 21 with My Smart Hands Saskatoon. Learn to communicate with your preverbal infant or expand your talking toddler's language with Level 1 classes. Learn American Sign Language signs through music, movement, sensory-based exploration, reading, conversation and puppets. Register for 1 p.m. or 2 p.m. classes. Information at my-smart-hands-saskatoon.com or Facebook.

Playgroup

Monthly and seasonal events. Hosted by Prairie Hearts Learning Community, a group of families inspired by Waldorf philosophy. Programming is aimed at children ages two to five, but all ages welcome. Information on their Facebook page.

Engineering for Kids

Children ages four to 14 can learn about technology and how engineers help to develop. Classes, camps, projects and clubs with hands-on STEM enrichment activities. Get information and register at engineeringforkids.net/saskatoon or 306-976-4376.

BOOKS4KIDZ® Saskatoon

Recycle after-school programs, enriched classes and camps for kids of all ages at various locations in Saskatoon. An atmosphere for students to build unique memories, play games, and have fun using LEGO bricks. Visit books4kids.com or call 306-975-2299.

Saskatoon Public Library Programs

Offering daily programs for children and families. Find the calendar at saskatoonlibrary.org/ under KIDS.

♣ SPECIAL EVENTS

Saskatoon Farmers' Market

Open year round. **Wednesday and Sunday**, 10 a.m. to 2 p.m., and **Saturday**, 9 a.m. to 2 p.m., farmers are in attendance. **Tuesday to Friday**, 10 a.m. to 5 p.m., and **Saturday and Sunday** during market hours. Food services and specialty shops are open. Information at saskatoonfarmersmarket.com. Contact 306-384-6263, safm@sasktel.net.

Bargain Basement Store

Wednesdays and Thursdays, 8 a.m. to 3 p.m., at St. Paul's United Church, 454 68th Ave. **Thursdays**, 8 a.m. to 6 p.m., at Prairie Sky Farmers Market. Clothing for babies, children, men and women, and jewelry.

EVENTS

Free Arts Research Lecture Series in Music

Oct. 16, 12:30 p.m., in Quince Theatre in the U of T Education Building. A work in Progress: Collaboration and the evolution of a composition by Dr. Allen Gilchrist. Admission is free and everyone is welcome. Information at presby.melon@utoronto.ca.

Second Annual Celebrity Dinner Event

Oct. 16, 5:30 p.m. at Holy Trinity Cathedral, 123 Neilson Dr. Hosted by the Knight of Columbus Council. Featuring Mike "The Bull" Clemens, John O'Leary and Leslie and Irene Dubé. Tickets at \$100/cdn. Dinner, inspiring stories and silent auction follow. Funds raised support The Children's Hospital Foundation of Saskatchewan.

Karaoke in Dance Club Classes

Runs through Friday, Oct. 16 to 8:30 p.m., at the Allen Community Centre. Information at 306-290-5486.

Country Gospel Music Evening

Oct. 17, 7 p.m. to 9:30 p.m., at Grace Memorial Church in Rosedale, north on Hwy. 1. Featuring entertainment by Todd Warwick, Wilf Arnold, Ivan Chartrand and The Amundsen. Admission by free will offering. Information 306-223-5904, 304-387-2629.

Story Circle For Adults

Third Friday of the month, September to June, 7:30 p.m. at the Unionville Centre, 203 Second St. E. Bring a story or come to listen. Potluck snacks are welcome. Admission is free and donations are accepted.

Yuk Yuk On Tour

Oct. 16 at Orpheus Event Centre, 241 Second Ave. S. Featuring comedians Lori Ferguson and Kevin McElwain and Mykes Morrison. Tickets at orpheuscentre.ca.

Christmas Craft Fair

Oct. 16-17 at the Western Development Museum Gift, entertaining and decorating ideas. Admission at the door. Information at wdm.ca

Oct. 16-18 at St. Andrew's Presbyterian Church, 150 St. Henry. Tickets leads workshops Oct. 17, 1:30 p.m. to 3:30 p.m. and worship service Oct. 18. Information at 306-242-0325, or fgh@standrews-saskatoon.net.

Westside Community Centre's Clothing Depot

Saturdays, 10 a.m. to 2 p.m., at 3848 Fairlight Cr. Free clothing for all ages. Free-to-suitcase from a local bazaar. They'll donate donations of clothing, food, toys, electronics and other information at 306-222-9133.

Country Farms Marketplace Book Exchange

Sundays, 11 a.m. to 3:30 p.m., at Confederation Mall across from Union Plaza. Confirmed launch event Saturday until the harvest is over. They will be at the mall location Thursday and Saturday, 10 a.m. to 4 p.m.

Bake and Craft Sale

Oct. 17, 9 a.m. to 2:30 p.m. in front of Smithy at Lawson Heights Mall. Hosted by the Saskatoon SPGA. Auction. Any donations of baking and craft supplies dropped off before 11 a.m. All proceeds go to the SPGA Second Chance Fund. Information at 306-242-2623.

Second Annual Kestrel Awards

Oct. 17, 4:30 p.m., at the Saskatoon Club, 417 23rd St. E. A friendly photography contest awards night. With a silent auction. This is a black tie, catered event. Tickets at bookite.com. Funds raised support Big Brothers Big Sisters of Saskatchewan and Saskatoon.

Saskatoon Children's Association Meetings

They meet the third Sunday of the month, 10:30 a.m. to 12:30 p.m. at the Day Hall, 1000 15th St. E. and May 15 to September at the Log Cabin on the Exhibition Grounds. New members are welcome. Information about the association goes to 306-372-4755, 306-374-1881.

Beef Supper

Oct. 17, 4:30 p.m. to 7 p.m., at Holy Trinity Anglican Church, 3072 33rd St. W. Continuous seating. Tickets at the door.

Throat Surgery

Oct. 17, 7:30 p.m., at TCU Place. Presented by the Saskatoon Symphony Orchestra. The works of Glenn Levey. Featuring Kristin Levey. Seating the orchestra. Tickets at 306-977-7779, saskatoon.net.

Beyond the Night Sky

Oct. 17 at Studio 66, 915 20th St. W. Presented by La Touche du Jour. Join us for a night and a little theatre acts on her bed contemplating the stars as the world around her starts to whirl and dance in a dizzy ballet. Tickets at 306-947-1231, lajouche.com.

Seven-Acres Farm Music

Weekends through October, 1 p.m. to 6 p.m., at The Saskatoon Italian Cultural Centre on Cedar Villa Road. This year's theme is the Roman Colosseum and other Historic Architecture and Culture of Italy. Information at saskatoonmusic.com. Funds raised go toward the continued development of the Saskatoon Italian Cultural Centre.

Saskatoon Lions Bard Poetries Series

Sundays, 1 a.m. to 2:30 p.m., at 238 Ave. N. The community marching band meets to rehearse. Young musicians ages 12 to 21, with at least one year of playing experience, are welcome. Colours and flag twirling practice is at the same time, with no experience necessary. Information at 306-349-3013, bards.saskatoon@lionsclub.net.

Victorian Sewing Circle

Oct. 16 and Nov. 13, 1 p.m. to 4 p.m., at the Murr Residence, 328 10th St. E. Bring a historical sewing project and spend the afternoon sewing, planning and sharing information about historical costumes in Saskatoon. Light refreshments are provided.

Author Reading

Oct. 18, 1:30 p.m., at Indigo Books, 3323 10th St. E. Author Mal Munroe reads from *Acquainted: A Personal Journey of Self Discovery*. This reading is open to the public and is intended for anyone who has lost a loved one and is working through grief and loss.

Peoples BodyTalk Information Event

Oct. 18, 2 p.m. to 4 p.m., at 2275 McInnes Ave. S. Presented by Health Service A202 Well. A free mini bodyTalk demonstration and information session. Learn a body stress technique and how this session can help with family well-being. Information at 306-76-2957.

Canadian Landscapes

Oct. 18, 2:30 p.m., at Third Avenue United Church. Saskatoon Concert Band and Saskatoon Brass Band perform. Featuring Howard Cullis, bass trombone; Dawn Melnick Belgik and trumpet; Terry Melnick. Tickets at onchbooks.ca, from members at the door.

St. Peter the Apostle CSM Fall Supper

Oct. 18, 4:30 p.m. and 6 p.m. stops, at Bishop Klein School gymnasium. For tickets call 306-382-3876, 306-382-3476.

Benquet to Celebrate 70th United Nations Day

Oct. 23, 7 p.m., at the Markham Residence sponsored by UNCAF. Saskatoon A-10 dinner menu. With guest speakers: Terrence Hogue and Todd Williams. Entertainment by the Harpingtons. Tickets must be purchased by Oct. 18. Information and tickets at markhamres@shaw.ca, 306-325-8269.

Tenlight 8th Poetry

Oct. 18, 7:30 p.m., at The Woods All House, 16 Second Ave. N. CFW Last Chance Slam.

Modern Square Darning Classes

Mondays, Oct. 19 to April, 6 p.m. to 10 p.m., at River City Anglican Church Hall, 1801 Louis Ave. S. River City Quakers run darning class. Open to all ages. Information at 306-233-4433.

Off-Roadway Farmer's Market, International House, and Radio Theatre

October 17, 11 a.m. to 4 p.m. in the basement of Grace-Windward United Church, 203 10th St. E. Offering a variety of locally produced food, clothing and accessories from Indigo, pot products, baking and lifestyle dishes. More vendors will

come. Call 306-964-3960 or email gerald@burnhamshaw.ca.

Memorith Book Sale

Oct. 20-22, 9 a.m. to 6 p.m., at the German Cultural Centre, 160 Cartwright St. E. Hosted by the Canadian Association of University Women. Used books for sale. Proceeds go toward scholarships for women attending the U of T, as well as other organizations and events.

Light of the Prisons Society Openly Dinner

Oct. 20, 5:30 p.m. cocktails, 6:30 p.m. dinner, at the Heritage Inn, 220 Central Ave. A short program with entertainment by Ryan & Brian. Proceeds go toward enhancing residential and day programs for clients with cognitive needs.

Make Your Mind Matter

The five-week mind-body program runs Tuesday, Oct. 20 to Nov. 20, 9:30 a.m. to 11:30 a.m. at the Holy Trinity Cathedral, 123 Neilson Dr. At Mayfair United Church, 920 33rd St. W. A positive, gentle, mindfulness based program meant to enhancing your understanding of the role you play in creating your experience of yourselves, your relationships, your life, your overall sense of well-being and happiness. Information and registration at saskatoonmind.com, 306-275-3850.

Annual Food Supper

Oct. 24, 4:30 p.m. to 5:30 p.m. and 6:30 p.m. stops, at the Ellis Hall, 100 12th St. E. Hosted by the Saskatoon City of Boys' and Girls' Clubs. Tickets only. Call 306-244-9722, 306-244-0542, 306-274-3543.

Book Signing at Monthly

Regular book signings at Monthly Bookings, 1000 15th St. E. For schedule and information visit monthlybookings.com/saskatoon/events.

English For Employment Class

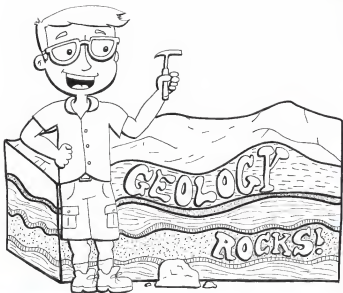
Hosted by the Saskatoon Open Door Society, 11 a.m. to 2 p.m. in the station and community, and learn what you need to find work in Saskatoon. Information or registration at 306-250-4332, 306-252-4464, 306-210-4338, jay@open.doors.ca, jay@open.doors.ca.

OUTSIDE THE LINES

Colouring contest

Each week, Stephanie McKay creates a timely illustration relevant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product, and email it to lsidg@theskophones.com. One winner will be chosen each week.



Last week's contest winner is
Nash Cooper.

Thanks to everyone who
submitted entries.

*"I support the Y because
I want to take a stand against violence"*

YWCA Saskatoon is working every day
to improve the well-being of women, girls and families.

Find out how you can help at www.ywcaskatoon.com (306)244-7034 ext 122



YWCA
SASKATOON



ON THE SCENE

#1920S MONSTER BALL

The Saskatchewan Women's Network Annual Vacation Dinner this year was in the theme of a 1920s Motocycle Ball. Held Oct. 8 at Prairie Land Park, the ball featured cocktails, entertainment by Terina Fox, Graham Dyck and Maurice Drouin, dinner, a silent auction and a grand prize trip for two to Hualapai, Mexico.

BRIGGS PHOTOS
BY GORD WALDRER



1. The Glenn Plazas. Manufactured table at the Saskatchewan Women's Network Annual Vacation Dinner, 1920s Motocycle Ball.

2. Co-chair Lane and Sheldon and chair of the event, Kaiti Turner.

3. Sarah Duke Smith and Cheryle Hay.

4. Sheryle Dornith, Gee Playwalek and Tami Whelan.

5. Caroline Lund, Monica Horn and Debbie Urlick.

6. Tracy Arno and Gerdie Lammour.

7. Leslie Fry and Tracy Hestings.

8. Nicole Wokoshyk and Julie Vukarjosek.

9. Melva Whitby and Michelle Barlow.



ON THE SCENE



#CROSSWORD

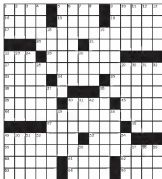
NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 shade of black
3 hip around
5 usually takes life easy
14 never done a ... and the King
15 "Gaspich 1879"
16 Caves of some abdominal cramps
17 Intensity to become
20 live
21 Like show horses
22 live n.g.
23 Looms
27 Magazine whose website has a "Find a Therapist" feature
33 Collector's stuff
34 They ran their on T in brief
35 Live
36 Tell besides
38 Myer's ... personality trait
39 Wife of "Light to Bright"
40 Strong influence of Italy's 190
43 Opposite of 32 Den
44 not a 4 Knight
47 ... (Shakespeare 1600) (Petrarch's)
48 Unpleasant symptoms, in short
49 Stock
53 Generalized pain
55 Procrastinator's attitude
56 Ten (Lancelotti)
57 Author Morrison
62 Eyes flaring 18 to the Mimiagel
63 Lacked for want
64 Kiki ... first actor to play Queen on screen (1960)
65 Clench (National wit)

DOWN

- 1 Old White House nickname
2 Good ...
3 Older keeps
4 "The Blue Dahlia" star (1950)
5 Voice source for many movies
6 Tempers
7 D inner nephew
8 Buckner South-east coasts informally
9 Most accessible as a movie
10 Hymn of myth
11 Good earth
12 "Hallelujah ..."
13 Eucalypt
14 Punch line?
15 1934s Chemistry President Roosevelt
22 Show details for
23 Source of the "They shall not take their liberties from them" phrase



PUZZLE BY ABRAHAM GIMACHE

- 5 One way to address someone
6 Animal group suffix
7 Buckner South-east coasts informally
9 Most accessible as a movie
10 Hymn of myth
11 Good earth
12 "Hallelujah ..."
13 Eucalypt
14 Punch line?
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24 One way to address someone
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28 Buckner South-east coasts informally
29 Most accessible as a movie
30 Hymn of myth
31 Good earth
32 "Hallelujah ..."
33 Eucalypt
34 Punch line?
35 1934s Chemistry President Roosevelt
42 Showing bravado?
43 Museum (Shakespeare 1600)
44 Helpless?
46 "That's ..." (Quasimodo response)
48 Lure's actual first name
51 Easy-to-guess-and-ask
52 Tasting for a panel of judges "the garden of earthly delights"
54 Start out
56 My name alone ...
57 Early resident in the Louvre
58 Dominate
59 See treatment listed at the bottom of 17-21-44 and 55 Arrows

JANRIC CLASSIC SUDOKU

Lorelei Silver

All the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).



Solution to the crossword puzzle and the Sudoku can be found on Page 23

GARDENING

GARDENING IN SASKATCHEWAN

Autumn sedum adds colour late in season

By Eri Svendsen

Consistently September and into October, most gardens are done — many annuals have gotten out or been damaged by near-freezing nighttime temperatures. Many perennials are past their prime even though some may still be putting on a show like false cinderebas, Joe Pye Weed and others, and trees have started dropping their leaves.

Most of the colour at this time of year comes from the enduring yellows and reds of trees and shrubs like Amur maple, Fall gold vib, burning bush and nannyberry. And if you've grown ornamental grasses they are now mostly a uniform tan (although taller specimens will continue to provide a vertical and sound display throughout the winter overtop the snow). But early September is far too early to give up on flowering plants. Especially in the face of the fine weather extending well into October we have more and have been experiencing the best for years.

One herbaceous perennial that starts to add its bloom to the ever-changing garden gradually late in the season, until November is autumn stonecrop (also autumn sedum).

Autumn stonecrop is an easy care, robust succulent with large fleshy oval leaves. Depending on the species and cultivars some can reach up to 15 cm tall by 60 cm wide although most are usually around 45 cm tall and wide (so take the taller varieties, you can pinch them back by half in June). Leaf colours include light to dark green, variegated green with white/yellow/orange, bronze, and dark red. But it is the clusters of dozens and dozens of tiny flowers forming large brocade-like heads in shades of white, purple, lavender, pink, salmon or red half above the foliage that are the real show stoppers late in the season.

The taller varieties make good cut flowers in full bouquets. Late most succulents, autumn stonecrop gets frost and withstanding just kept dry to evenly moist — stand-



Autumn stonecrop. PHOTO BY GAIL WILLIAMS

ing water is its best source. It is particularly tolerant of poor soils and is considered drought tolerant. For those that live on in storage, door and toilets apparently prefer to eat more potatoes than it. They avoid sedum as a rule. Leave the dried and heads for winter interest; clean up in early spring before new growth starts. Divide plants in spring once established.

Cultivars worth trying

Autumn Charm: 45 cm tall x 60 cm wide, yellow with green centre foliage; compact rounded, light coral pink flowers fading to end over time

Autumn Delight: 45 cm tall x 60 cm wide, variegated chartreuse and blue-green foliage, compact rounded shell pink flowers fading to red over time

Autumn Fire: 75 cm tall x 60 cm wide, greyish-green foliage; denser, more upright than Autumn Joy, rose coloured flowers

Autumn Joy: 60 cm tall and wide, greyish-green foliage, upright, spreading habit; salmon pink flow ers deepening to bronze red.

Brilliant: 45–60 cm tall and wide, light green foliage, upright, spreading habit; mouse-pink flowers

Firey Moon: 60 cm tall x 45 cm wide, white-edged greyish-green foliage, upright, spreading habit; white flowers

Medioevangelica: 30 cm tall x 45 cm wide, green edged buttery yellow leaves; upright, spreading habit; white flowers with shell-pink overtones

Monarda Dark Red: 45–60 cm tall and wide; leaves foliage, sometimes floppy habit in rich moist sites (back in June to produce more compact plants); crimson rose flowers

Neon: 45–60 cm tall and wide;

light green foliage sometimes floppy habit in rich moist sites (pinch back in June to produce more compact plants); deep rose pink deepening to rich rusty red flowers

This column is provided courtesy of the Saskatchewan Perennial Society (www.saskperennial.ca; hortem@perennial.org; www.facebook.com/saskperennial). Check out our Bulletin Board or Calendar for upcoming garden information sessions, work shops and tours. Oct 21, 736 Lynden Printer's Resource Perennial, Kenwood Anglican Church, 807 Dalhousie St., 20th Street.

"Our guts hurt from
laughing for so long!"
City View Mag, Vancouver

"He's absolutely
hysterical!"
Ottawa Citizen

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